

State Interagency Council for Services to Children with an Emotional Disability

Meeting Summary for September 25, 2013

Members Present:

Betsy Dunnigan (DBHDID), SIAC Chair
Dana Nickles (CHFS)
Bill Heffron (DJJ)
Kari Collins, Policy Advisor (DBHDID)
Peggy Roark (Parent Representative)
Jessica Krouse (Youth Representative/ KY Youth Move)
Heather Dearing (CHFS/ FRYSC)

Guests:

Dr. Allen Brenzel (DBHDID)
Wendy Morris (DBHDID)
Natalie Kelly (DBHDID/ KICC)
Meghan Wright (DBHDID)
Kristan Mowder (Humana Care Source)
Luglenda S. McClain (LRC/Gateway Region 9)
Dawna Eplion (LRC/ Pathways Region 10)
Angela Parker (LRC/ Mt. Comp Care Center)
Mary Elizabeth Logan (SIAC Designee/ KY Youth Move)
Kate Tilton (KPFC)
Andrea Miller (LRC/Seven Counties/Region 6_SR)
Robert Daniels (Seven Counties)
David Weathersby (Seven Counties)
Noreen McHolland (Seven Counties)
Chris Whitsell (Bluegrass)
Aaron Dowdell (Bluegrass)

Staff: Martha Campbell, SIAC Administrator

Members Present:

Tal Curry (DPH)
Eugene Foster (CCSHCN)
Adria Johnson (DCBS)
Melissa Goins (AOC)
Laura McCullough (KDE)
Catherann Terry (DMS)

Guests

Janice Johnston (DBHDID)
Sue Smith (DBHDID)
Michelle Kilgore (DBHDID)
Mark Hertweck (DBHDID)
Megan Noor (KVC Kentucky)
Whitney Hayse (Protection & Advocacy)
Leslie Jones (Protection & Advocacy)
Steve Cambron (DBHDID/Prevention)
Lea Taylor (DCBS)
Beth Potter (KY SEED/ KICC)
Amy Cooper-Puckett (DBHDID/KICC)
Vestena Robbins (DBHDID/KICC)
Beth Jordan (DBHDID/KICC)
Christopher Duckworth (KY SEED/ KICC)
Tracy Bentley (DBHDID)

Agenda Item	Discussion	Action/Priorities/ Recommendations
Welcome/ Introduction	Betsy Dunnigan, Commissioner of DBHDID and SIAC Chair, called the meeting to order. Members and guests introduced themselves.	None
Review of August 28th, 2013 SIAC Meeting Summary	SIAC members reviewed 8/28/13 DRAFT summary of the SIAC meeting. There were no edits; SIAC approved/ accepted the meeting summary.	SIAC adopted meeting summary with no changes.
Cabinet Update: System of Care Re-Design Dana Nickles, Policy Advisor, Secretary of CHFS	<p style="text-align: center;"><u>Medicaid State Plan</u></p> <ul style="list-style-type: none"> ➤ Kentucky Health Benefit Exchange and Medicaid Expansion: open enrollment begins 10/1/2013. ➤ The on-line process (kynect) will review applicants for Medicaid eligibility, eligibility for financial subsidies within the Exchange and eligibility through the Exchange with no subsidy ➤ With Medicaid expansion and the KY Health Exchange, an additional 600,000 individuals will be eligible for health insurance in Kentucky ➤ This increase in newly insured Kentuckians includes children and families ➤ Deloitte research teams and reports identified specific provider shortages in Kentucky that exist today, prior to expansion, and the study provides information on the shortage anticipated following the expansion of Medicaid and individuals insured through the Health Exchange ➤ Governor Beshear and Secretary Haynes have recommended changing the Kentucky Medicaid State Plan by submitting a State Plan Amendment (SPA) to Health & Human Services (HHS)/ Centers for Medicaid & Medicare (CMS) 	

	<p>that recommends expanding the provider network in Kentucky in order to increase access to behavioral health (mental health and substance use) services and to expand the array of services.</p> <ul style="list-style-type: none"> ➤ Kentucky leadership met with the Community Mental Health Centers and other key stakeholders to announce the decision. <ul style="list-style-type: none"> • The State Plan Amendment(SPA) includes adding professionals to the network of providers who can deliver behavioral health services to respond to the increased need for access; including: <ul style="list-style-type: none"> ➤ Licensed Clinical Social Workers ➤ Psychologists (licensed) ➤ Marriage and Family Therapists (licensed) ➤ Well Spring Residential & Crisis (the state is researching what type of licensure this would require) ➤ Nurse Practitioners (within the scope of their license) ➤ Occupational, Physical and Speech Therapists can enroll (if licensed) ➤ Licensed Art Therapists (possibly included under EPSDT Special Services) ➤ Children's Alliance (the state is working with the Alliance) ➤ *Certified Alcohol and Drug Counselors (<i>the state is discussing this provider type as it is currently a "certification"</i>) • Next Steps, in order to have the State Plan in place by 1/1/2014: <ul style="list-style-type: none"> ➤ Approval of SPA ➤ Regulations to address changes in the state plan ➤ Licensing of expanded provider network ➤ Provider enrollment ➤ Provider credentialing (Managed Care Organizations and Medicaid) <p>*provider credentialing can be a lengthy process</p> <ul style="list-style-type: none"> • Early & Periodic Screening, Diagnosis and Treatment (EPSDT): <p><i>EPSDT services are being interpreted more broadly; considerations include:</i></p> <ul style="list-style-type: none"> ➤ Establishing a primary (main) Medicaid number ➤ Eliminating the existing second number for EPSDT ➤ Establishing secondary and specialty numbers for EPSDT • 'Regular' Medicaid will offer enhancements in 2014 (for original Medicaid recipients plus individuals eligible under 'Expanded' Medicaid) such as: <ul style="list-style-type: none"> ➤ Substance abuse treatment for adults ➤ Continued substance abuse treatment for children 	
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	<ul style="list-style-type: none"> • Kentucky recommends expansion of behavioral health services for original and ‘Expanded’ Medicaid recipients: <ul style="list-style-type: none"> ➤ Peer support services ➤ Family support services ➤ Crisis services ➤ Mobile Crisis ➤ Intensive Outpatient ➤ High Fidelity Wraparound services ➤ Assertive Community Treatment (ACT) services for adults <p>*Kentucky will submit these recommendations to CMS as its new continuum of services</p> <p>IMPACT PLUS services will continue to be offered by Kentucky</p> <ul style="list-style-type: none"> ➤ Providers who currently have an EPSDT number may be able to start in January 2014 ➤ Some IMPACT PLUS providers will be under the MCOs <p>Screening and Assessment Tools</p> <ul style="list-style-type: none"> ➤ Secretary wants one screening and assessment (for each age group) to streamline the process as access improves – the goal is to ensure good screenings and assessments. ➤ Heather Dearing, CHFS, is creating an inventory of all screening and assessment tools in use, for children and youth in all age categories ➤ Inventory will identify all age appropriate tools in use <p>PEW Trust</p> <ul style="list-style-type: none"> ➤ Cabinet leadership is coordinating efforts with the PEW Foundation ➤ Focus of PEW is availability <p>Michelle P Waiver</p> <ul style="list-style-type: none"> ➤ Under review by the Cabinet in relation to better serving children <p>Supports for Community Living (SCL) Waiver</p> <ul style="list-style-type: none"> ➤ There is a settlement agreement with Protection & Advocacy regarding individuals on the waiting list for the SCL waiver 	
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<p>System of Care “Youth Guided” Care Update-</p> <p>Jessica Krouse (SIAC Youth Representative)</p>	<p>Annual Youth Empowerment Summit (September 28, 2013)</p> <ul style="list-style-type: none"> • The youth led Kentucky Youth Summit, for ages 14-24, will be held on 9/28/13 from 10 am to 5 pm at U of L Shelby Campus, Louisville, KY. • Mary Elizabeth Logan is on the planning committee for this conference. • The summit is “designed to offer resources and empowerment to young people transitioning to self-sufficiency”. 	<p>Register for Youth Empowerment Summit online at: Melissa@childrensallianceky.org or call Melissa Muse at (502) 875-3399</p>
<p>System of Care “Family Driven” Care Update-</p> <p>Peggy Roark (SIAC Alternate Parent Representative)</p>	<p>Dad’s Retreat</p> <ul style="list-style-type: none"> • The second ‘Dad’s’ Retreat was held 9/6-9/7, 2013 • The next ‘Dad’s’ Retreat is being held 9/27-9/28, 2013 <p>Peer Support</p> <ul style="list-style-type: none"> • Interest in Peer Support services is gaining momentum statewide 	
<p>Interagency Priorities & Discussion- Priorities 1,2,3</p> <p>Redesigning Services to Children, Families Heather Dearing, CHFS/ FRYSCs</p>	<p style="text-align: center;"><u>What is a System of Care(SOC)</u></p> <p>A spectrum of effective, community-based services and supports for children and youth with or at-risk of behavioral health or other challenges and their families...</p> <ul style="list-style-type: none"> ○ <i>organized into a coordinated network,</i> ○ <i>builds meaningful partnerships with families and youth,</i> ○ <i>addresses their cultural and linguistic needs</i> <p>...in order to help them function better at home, in school, in the community, and throughout life.</p> <p>SOC Values</p> <ul style="list-style-type: none"> • Family-Driven & Youth-Guided • Culturally- and Linguistically-appropriate • Community-Based 	

<p>System of Care Expansion Grant-Kentucky Initiative for Collaborative Change (KICC) Beth Potter, Project Director of KY SEED and KICC</p>	<p>SOC Principles</p> <ul style="list-style-type: none"> • Availability and access to a comprehensive array of effective, community-based services and supports • Strength-based, individualized service planning • Evidence-informed and promising practices • Services and supports delivered in the least restrictive, most normative environments possible • Partnerships with families, youth & other caregivers • Cross-agency coordination • Care management • Developmentally appropriate services • Incorporate mental health promotion, prevention, early identification and intervention; accountability, quality improvement, accountability. • Accountability and quality improvement tracking • Protect the rights of children and families • Provide services without discrimination <p>Kentucky's History with SOC</p> <ul style="list-style-type: none"> • Kentucky has a 25 year history with SOC implementation • Each initiative has built upon previous successes and lessons learned • Secretary Haynes charged CHFS with redesigning children's behavioral health <p>Kentucky's SOC Expansion Grant Award</p> <p>July 1, DBHDID received notification that it was awarded a SAMHSA System of Care Expansion Implementation cooperative agreement, Kentucky Initiative for Collaborative Change (KICC)</p> <ul style="list-style-type: none"> • KICC provides human resource and financial support to further review, prioritize, operationalize, and implement redesign goals across all child- 	
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	<p>serving agencies</p> <ul style="list-style-type: none"> • 4 million, four-year cooperative agreement from the Substance Abuse and Mental Health Services Administration (SAMHSA) • Kentucky Initiative for Collaborative Change (KICC) • Cooperative agreement funds support SOC implementation, infrastructure and expansion, <u>not</u> direct-services <p>KICC Goals</p> <ul style="list-style-type: none"> • Implementing policy, administrative, and regulatory changes • Developing or expanding services and supports • Creating or improving financing strategies • Providing training, technical assistance and coaching • Generating support and advocacy base <p>How KICC Supports SIAC</p> <ul style="list-style-type: none"> • Enhance the ability of the SIAC and RIACs to fulfill their roles as governing bodies for services and supports to children and youth • Support the expansion and sustainability of the System of Care approach across all child-serving agency partners • Provide a framework for all agency redesign efforts <p>What Does This Mean for SIAC</p> <ul style="list-style-type: none"> • Involves collaboration across agencies, families, and youth • Improve services and access and expanding the array of coordinated community-based, culturally competent services and supports for children, youth and families • Access to National Advisory Group (NAG) that will guide the work of SIAC and RIACs <p>Next Steps</p> <ul style="list-style-type: none"> • 2 ½ day System of Care Primer training for all members of SIAC • Initial meeting of National Advisory Group (NAG) with SIAC members to review recommendations of 2-day April meeting and integrate into KICC work plan 	
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<p>PracticeWise Robert Daniels, Seven Counties Services</p>	<p>PracticeWise Overview</p> <ul style="list-style-type: none"> • PracticeWise methodology is one of matching practical guidelines for clinical work to the right populations. • A large, live, web-hosted database containing over 700 research articles and publications can be queried about over 11 problem areas and in order to obtain around 40 practice guidelines. <p>PracticeWise Evidence-Based Services (PWEBS) Database</p> <ul style="list-style-type: none"> • PWEBS is an online application that allows you to explore and understand behavioral health services literature for youth • Users access searches (treatments/ studies) based on features such as treatment targets, youth characteristics, and service characteristics (e.g., settings, protocols, or practices). <p>Practitioner Guides-Set of materials</p> <ul style="list-style-type: none"> • Practice Guides, two-page summaries of the most common procedures drawn from evidence-based practice for youth • Process Guides, 1-page outlines designed to represent core MAP concepts <p>Clinical Dashboard</p> <ul style="list-style-type: none"> • Visually summarizes evidence directly relevant to ongoing clinical decision making during treatment. • Clinical dashboards may be integrated into health record or outcome management systems. • They may be client-specific or may compare multiple clients or treatment units <p>Managing and Adapting Practice (MAP)</p> <ul style="list-style-type: none"> • MAP Professional Development Program helps individuals develop proficiency in selection, organization, delivery of common practices used in evidence-based treatments in order to improve their direct services to clients. • Program offers training for those who wish to provide supervision, consultation, or training to others within their agency. <p>Direct Service Roles</p> <ul style="list-style-type: none"> • User – uses any MAP materials or tools • Supported User – is developing competency with the MAP system by receiving supervision or training • Therapist – demonstrates the core competencies necessary to deliver evidence-informed care using the MAP system • Advanced Therapist – demonstrates high-level proficiency in the delivery of 	
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<p>Wrap + Map Pilot Vesteena Robbins, DBHDID</p>	<p>evidence-informed care using the MAP system</p> <p>Supervisory Roles</p> <ul style="list-style-type: none"> • Agency Supervisor – provides supervision and consultation to intra-agency Supported Users • Training Professional – provides supervision and consultation to intra-agency Supported Users; delivers curricula and reviews to produce intra-agency Therapists and Advanced Therapists; may work with a Practicewise Training Partner to produce additional intra-agency Training Professionals <p>Discussion on PractiseWise</p> <ul style="list-style-type: none"> • It can be trusted. Behind each piece is a lot of evidence. • More stringent process than regular EBP – by APA standards. • Umbrella license; any agency that serves children with behavioral health needs has provider types would be covered by umbrella license. • Seven Counties Services has a committee approach to this implementation • Practice wise is providing a network to guide working with youth • Practice wise brings skills together – versus just being focused on one type of practice; connects practices. • What does this mean for more specialized EBP? Practice wise is a generalist model and goes hand in hand with specialized models... that would be used for other needs. This is a compliment to those approaches. • Using outcome measures to measure process • Screening earlier; then seeking treatment through assessment. <p>Wrap + Map Pilot Briefing: <i>‘a shared effort of the National Wraparound initiative (NWI), PracticeWise and the Institute for Innovation & Implementation at the University of MD to coordinate wraparound with evidence-based strategies by applying the resources of the Managing and Adapting Practice system which provides an approach plus an array of tools to support coordinated management in services delivery and the application of EBP resources.’</i></p> <ul style="list-style-type: none"> • Opportunity to pair wraparound process with MAP process of PracticeWise. • Research shows that children/ families receiving wraparound services report increased satisfaction and support; as well as costs savings; however, no change in clinical, functional outcomes. • The missing element is effective clinical practice. 	
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	<ul style="list-style-type: none"> • Kentucky is working to implement 3 pilot programs • Future reporting will be presented to the SIAC 	
Other Business	<p><u>Commissioner Dunnigan (DBHDID) and SIAC Chair</u></p> <ul style="list-style-type: none"> • Changes are occurring within the system that impact multiple agencies; examples are the Health Exchange, Medicaid and behavioral health services • It is critical to work in collaboration/ partnership now more than ever before • Funding resources are limited and must be utilized to the best advantage • Important that all agencies/ systems become data driven and make policy decisions based on reliable data • Focus on outcomes and interventions • Identify gaps and duplication of services and analyze these • Work closely with providers such as and assess the. • Pulling together work groups to discuss issues impacting service provision and service recipients such as the provider network, licensure, core services provided by Community Mental Health Centers and meet closely with providers to understand the issues, etc • SIAC needs to have its own workgroups • Future meetings of SIAC must focus on data and working to make decisions about policy • There will be a shift in the function of SIAC throughout the implementation of the SOC Grant and it calls for prioritizing what needs to be done first and second and third <p><u>Andrea Miller, LRC KY IMPACT (Seven Counties/ Salt River Region)</u></p> <p>SCHOOL ISSUE:</p> <ul style="list-style-type: none"> • Significant barriers exist to providing IMPACT services in schools • IMPACT providers are not allowed to come during 'instructional time' • IMPACT providers take extra precautions not to interrupt instruction time • School principals are discussing closing doors to providers coming in to assist children • This position is impeding ability to provide services to children and youth <p>Requesting assistance and support from SIAC on ways RIACs can effectively</p>	<p>SIAC Workgroup on committees of the SIAC plans to submit recommendations to the full SIAC in November 2013.</p> <p>Ms. Miller, LRC, requests that SIAC follow the issue of service provision in the schools as well as the issues of interagency members serving KY IMPACT (Service Coordination/ RIAC members/ IMPACT</p>

	<p>examine these barriers and work with the education system to provide services.</p> <p>Laura McCullough (KED): schools apply much pressure for instructional time. Need to develop greater knowledge and understanding of how to communicate effectively with teachers/administrators about time; acknowledging the need to protect instructional time and ensuring that the needs of children are met. Need to think about how to facilitate conversations for specific schools. It is vital to foster collaboration. Schools work with children and youth who have high therapeutic needs that need help in order to benefit from instructional time.</p> <p>OTHER ISSUE-TOM:</p> <p>Team Observation Measure (TOM); one of the wraparound fidelity tools in use by the KY IMPACT staff providing these services. Some RIAC members are not being supported in attending training and re-certification trainings. Also, there are Court Designated Workers (CDWs) and others, who are not supported within their agencies to attend these quality improvement trainings. RIAC members want to actively participate as well. Continued support for ground level people to be able to participate and maintain fidelity.</p>	<p>Service Team members/ CDWs, etc.) who are not supported by their individual agencies when they want to pursue training for providing high fidelity wraparound services. SIAC Administrator has connected Ms. Miller with the SIAC Education member and the SIAC AOC member to assist her further. It is recommended that these issues be followed by the SIAC.</p>
Adjourn	<u>Motion to adjourn; seconded/approved</u>	
Next Meeting Date:	<p><u>Wednesday, November 13, 2013 from 10:00am to 12:00pm</u></p> <p>DBHDID/100 Fair Oaks Lane, Conference Rooms A & B/ Frankfort, KY.</p>	